

Holy Water

Requirements:

3 drops Rose Oil / 1 tspn Rose Water
1/2 cup Sea Salt
2 cups collected rain water / spring water
1 glass storage bottle
Clean container to mix in

Process:

Creation of Holy water need to happen on the night of the Full Moon (100% Waxing).
Go out into your garden / balcony / wherever you have the moonlight shining on your work.

Begin by sterilising the container and the jar with boiling water.

Close your eyes and lift your face to the full moon. Imagine the light of the moon as a strong white energy, a cord of energy connecting you and The Goddess. Allow this white purity and positivity to flow through you, starting at your Crown Chakra and moving right through your body out your feet and back up to the full moon. Whisper the following chant and begin your work:

*Goddess of purity,
Goddess of light,
bless this holy water,
bless this craft I create tonight.*

Pour your rainwater or spring water into the container used for mixing. Drop in your Rose Oil / Rose Water and do it slowly. Know that as you add and chant the very water molecules are changing and reacting to your energy. Now add the sea salt, little by little and stir anti-clockwise (S.H) clockwise (N.H). whilst you stir change the chant to:

*In love and in moonlight,
You have been created,
Holy water of the Goddess,
by my will now charged and activated.*

Pour the Holy water into the glass container and as you seal the jar, repeat:

As the gods of old decreed, so I will, So Mote it Be!

Water of Happiness

Requirements:

1 Big Glass
Water (Tap Water / Distilled Water)
A moment alone

Process:

Magick is a daily activity. Water of Happiness should be performed every morning without delay. Fill your glass with water. Close your eyes and visualise the heavens opening up, the sun shining millions of warm rays of extreme joy right into the top of your head and down through your arm and into your power hand. Place your finger into the water and gently begin to stir. See the rays of joy pulsating through the water. (Imagining is seeing in the minds eye) Now repeat:

*By the rays of universal joy,
I will each molecule of this water to change,
I empower you to bring happiness to every cell of my body,
destroy negativity,
awaken my beauty,
awaken my health,
awaken my wisdom,
awaken my inner joy,
awaken my confidence,
awaken my heart,
awaken my mind,
balance my being,
As the Gods of old decreed, So I will, So mote it be!*

Now drink the water and be filled with the light and love and happiness of the universe.